

Crazy Running at Corvian

We will focus on getting kids moving and making exercise fun! Runners will be introduced to strength exercises, fundamental running techniques and play games that provide a kid friendly cardio work out!

Session 4 (8 weeks) Wednesdays

3:15 - 4:15pm

April 3rd – May 29th

K - 4th Grade

\$95 (includes t-shirt)

Register at

www.CrazyRunning.com



Play Crazy, Run Hard!

